



Manipulation Clinical Prediction Rule

To Identify Patients with Low Back Pain Most Likely To Benefit from Spinal Manipulation: A Validation Study

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*Table 1. Five Criteria in the Spinal Manipulation Clinical Prediction Rule**

| Criterion | Definition of Positive |
|--|--|
| Duration of current episode of low back pain | <16 d |
| Extent of distal symptoms | Not having symptoms distal to the knee |
| FABQ work subscale score | <19 points |
| Segmental mobility testing | ≥1 hypomobile segment in the lumbar spine |
| Hip internal rotation range of motion | ≥1 hip with >35 degrees of internal rotation range of motion |

* See Appendix 1 and Appendix 3 video, available at www.annals.org, for details (17). FABQ = Fear-Avoidance Beliefs Questionnaire.

[Spine](#). 2002 Dec 15;27(24):2835-43. A clinical prediction rule for classifying patients with low back pain who demonstrate short-term improvement with spinal manipulation.

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